

IBP MORGANTON PUSH / PULL & ODD LIFT

November 8, 2014

Name _____ E-mail Address _____

Address _____ City _____ State _____

Zip Code _____ Phone # _____ Age _____ Gender _____

Gym where you train _____ IBP Membership # _____

Iron Boy Powerlifting—Lifters must be a member of the IBP to participate. Membership cards (\$25 for adults, \$15 for students) will be available at the meet or you can register On-Line at:
<http://www.ironboypowerlifting.com/IBPmembershipcard.html>

Entry Fees:

\$70 Adult Class (Push Pull), \$60 Adult Class (Bench Press) \$40- Adult Class (Strict Curl), \$40- Overhead Dumbbell Press, \$40- Bench For Reps,

\$50 Crossover (Bench Press) \$30 Crossover (Strict Curl)

\$30 Youth/Teen Class- Bench and Curl, Overhead Dumbbell Press, Bench For Reps,

Circle One: RAW or Pure RAW or Equipped

Circle Weight Class: Women's Weight Classes

66, 77, 88, 97, 105, 114, 123, 132, 148, 165, 181, 198, 198+

Men's Weight Classes

66, 77, 88, 97, 105, 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, 308+

Circle Division/s: (You can enter more than one division.) (Crossover division \$50)

Youth/ Teens: 6-7, 8-9, 10-11, 12-13, 14-15, 16-17, 18-19, Junior (20-23), Open,

Intermediate (24-34), Submaster (35-39), Masters: 40-44, 45-49, 50-54, 55-59, 60-64, 65-69,

70-74, 75-79 etc. Police/ Fire / Military, Novice, Special Olympics

In consideration of my acceptance of this entry, I hereby for myself, executors, and administrators waive and release all rights and claims for damage or injury which I may incur by virtue of my competing in the 2014 IBP Morganton Push / Pull as against Keith Payne, Flex Gym, meet volunteers and sponsors. I also realize that the sport of Powerlifting is a high-risk sport, and I could be injured. I certify that I am in good health and have no serious health problems, and assume full responsibility for such condition. In addition, I waive all rights to any pictures/ video taken by IBP at this event. I have read and fully understand the waiver and assume all risk for injury, and do here by verify with my signature.

Signature _____

Parent signature if under 18 years of age. _____

Please make money orders payable to Keith Payne.
Mail Entry and Money Order to: Iron Boy Powerlifting
PO Box 1602
Clemmons, NC 27012