

IBP WESTERN CAROLINA POWERLIFTING OPEN

**FULL POWERLIFTING MEET!
SQUAT, BENCH PRESS & DEADLIFT**

**SATURDAY, FEB 2ND AT FLEX GYM
IN MORGANTON, NC**

**ADULTS: \$65 / KIDS & TEENS: \$25
ALL PARTICIPANTS MUST BE MEMBERS OF IRONBOY**

**WEIGH IN: FRIDAY 6:30-7:30PM OR
SATURDAY 7-8:30AM**

CALL FLEX FOR MORE INFO: 437-8377